

FINTER.DK / FOOTBALL KNOWLEDGE & COACHING

FINTER WEEKLY

WEEK 43 · 19-25 OCTOBER 2026

THE EXTENDED EDITORIAL MAGAZINE

Four selected FINTER stories on dribbling, playing time, grassroots football and U15 football.



Scan for FINTER.dk – articles, drills and interactive tools.

EDITORIAL EDITION · LINKS TO FULL ORIGINAL ARTICLES

Note: This is a curated pilot issue, not an automated, exhaustive export of every post from the week. The extended edition contains original editorial commentary and drills; QR codes lead to the complete source articles.

CONTENTS

- 01 The world's best dribblers in 2026/27
- 02 More playing time, less wasted time
- 03 What kind of grassroots football do we want?
- 04 The U15 eight-a-side World Cup

The connecting theme: More courage, smarter decisions, room for everyone.

Four angles on one question: how do we develop players who dare to act and understand the game? Dribbling requires courage; small-sided games require decisions; healthy youth environments allow mistakes; new formats challenge habits.

The world's best dribblers in 2026/27

What makes a dribble effective? FINTER explores 1v1 take-ons, differing data sources, match context and the player's next decision.

THREE TAKEAWAYS

- A successful take-on differs from carrying the ball without beating a defender.
- Consider attempts, success rate, per-90 volume and quality of opposition together.
- Dribble when it creates progress, an overload, a shot or a passing lane.

FROM IDEA TO PRACTICE

Play four 3-minute 2v2 rounds with a neutral player. Reward a successful take-on followed by a pass or shot. Ask: what did you notice before the move?

Coach reflection

Who gets the most actions? Who makes their own decisions? What happens just after a mistake? Adjust pitch size, time and support to age and experience.

Age-group adaptation

U5-U8: playful, short games and freedom. U9-U12: variations, overloads and reflection. U13-senior: more pressure, pace and tactical consequences.



Read the complete article on FINTER.dk

[Open source article ↗](#)

More playing time, less wasted time

Can spare balls and quicker restarts keep children engaged? The article distinguishes training experiments from official competition rules.

THREE TAKEAWAYS

- Measure actual active play, not only total match time.
- Assess quality too: are more children touching the ball and making choices?
- Listen to children and respect applicable competition regulations.

FROM IDEA TO PRACTICE

Play three 5-minute rounds of 3v3: standard restarts, spare-ball restarts, then optional dribble-ins in training. Record stoppages and involvement.

Coach reflection

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[Open source article ↗](#)

What kind of grassroots football do we want?

A discussion of playing time, flexible grouping, friendships, competition and late developers. How can ambition coexist with wellbeing?

THREE TAKEAWAYS

- Use flexible groups rather than fixed ability labels.
- Give children genuine opportunities to play, choose and progress.
- Track enjoyment, attendance and whether children want to return.

FROM IDEA TO PRACTICE

Play 3v3, changing teammates every five minutes. Let players propose a rule, then ask three questions on enjoyment, challenge and participation.

Coach reflection

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The U15 eight-a-side World Cup

FINTER reviews FIFA's special U15 format in Baku, 24–30 October 2026, and the development opportunities of eight-a-side football.

THREE TAKEAWAYS

- The event has special regulations; do not confuse them with local league rules.
- Fewer players may create different spaces, roles and decisions.
- Turn the inspiration into match-relevant games rather than static diagrams.

FROM IDEA TO PRACTICE

Play 6v6 with two neutral players. Double points after a switch of play and a forward-facing first touch. Observe width, depth and scanning.

Coach reflection

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Age-group adaptation

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THIS WEEK'S TRAINING SESSION

10 min · Ball mastery and scanning

12 min · 1v1 with freedom to choose

15 min · 3v3 with quick restarts

15 min · 4v4 with rotating teams

8 min · Finishing and player feedback

This session is a FINTER editorial proposal, not an official FIFA or federation recommendation.

NEXT ISSUE

This is a pilot issue. A complete weekly edition requires a direct WordPress export of every published post in the selected date range. Review content and links before publication.